

# Year 2 Summer 2 PSHE Medicines and me



# PSHE

## Powerful knowledge/skills for this unit:

### We will learn about:

#### why medicines are taken

- understand the purpose of medicines is to help people stay healthy, get well or feel better if they are ill
- know that medicines come in different forms
- recognise each medicine has a specific use

#### Where medicines come from

- know that medicines can be prescribed by a doctor or bought from a shop or pharmacy
- know when medicines might be used and who decides which medicine is used
- understand that there are alternatives to taking medicines, and when these might be helpful

#### Keeping themselves safe around medicines

- understand that medicines comes with instructions to ensure they are used safely
- know some safety rules for using and storing medicines
- recognise that medicines can be harmful if not taken correctly

#### Medicines can be used to manage and treat medical conditions such as asthma, and that it is important to follow instructions for their use

- know what asthma is and how it can affect people
- can recognise the symptoms of an asthma attack
- understand how people with asthma can look after themselves – treating asthma as a condition and treating an asthma attack

### What should I already know:

What can go into and onto the bodies and how it can make people feel.

## Big Question:

## How can I keep myself safe around medicines?

### The end point:

To know what medicines are, where they come from and how to keep safe around them.

### Key vocabulary

Medicine, healthy, pharmacy, doctor, safety, asthma instructions.

### Zones of regulation



### Mindmate Monday lesson



#### Year 2 Summer 2 Not giving up/ Perseverance

Lesson focus: I understand it is important to keep going when something is tricky

#### **Pupils should have the opportunity to...**

learn how to play & work co-operatively with others understand that people often need to play / work together to reach a shared outcome reflect on & celebrate their achievements, identify their strengths & areas for improvements