# <u>Year 5 Summer 1 PSHE Keeping safe</u>

# Powerful knowledge/skills for this unit:

We will learn about:

#### Keeping safe online

- understand that people can be influenced by things online
- can explain why what they see online might not be trustworthy
- know when and how to report something that makes them feel unsafe or uncomfortable

#### that violence within relationships is not acceptable

- know what is meant by domestic violence and abuse
- understand that nobody should experience violence within a relationship
- know what to do if they experience violence / where to go for help, advice and support

# problems that can occur when someone goes missing from home

- understand some of the reasons that might cause a young person to run away or be absent from home
- can identify the potential risks and dangers of running away or going missing

know who to talk to if they feel like running away

# What should I already know:

How to keep safe int heir computer gaming habits.

How to keep safe outside.



How can I keep myself safe online?

Zones of regulation



# rne ena point

To understand how to keep safe online. To know the potential risks with running away.

Key vocabulary Influence, trustworthy, domestic violence, abuse, violence, problems, Peer pressure, Put down Pressure, Peer mediator, Risk Predict, Potential Hazard, High/ medium/ low risk Assessing, Responsibility Online safety, Relationships Risk, Danger

**MindMate** 

Mindmate Monday lesson

Year 5 Summer Stigma

Lesson focus: I know what stereotyping is

Pupils should have the opportunity to...

learn about stereotyping, including gender stereotyping know that stereotypes exist for different groups & can explain what is meant by the word 'stereotype'.

