



## PE - Knowledge Organiser

### YEAR 6 – Hockey

#### Links to the PE National Curriculum

- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- They should enjoy communicating, collaborating and competing with each other.
- They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- Pupils should be taught to use running, jumping, throwing and catching in isolation and in combination.
- Pupils should be taught to play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.

#### Key Skills: Physical

- Dribbling
- Passing
- Receiving
- Tackling
- Creating and using space
- Shooting

#### Key Skills: S.E.T

- Social: Communication
- Social: Collaboration
- Emotional: Perseverance
- Emotional: Honesty and fair play
- Thinking: Planning strategies and using tactics
- Thinking: Observing and providing feedback
- Thinking: Selecting and applying skills

#### Key principles of invasion games

Attacking	Defending
Score goals	Stop goals
Create space	Deny space
Maintain possession	Gain possession
Move the ball towards goal	



#### Key Rules



- **Foot:** Players must try not to let the ball hit their feet. If the ball touches a player's foot and it breaks down play or creates a disadvantage, the opposition is awarded a Free Pass.
- **Back sticks:** A player can only use one side of their stick (the face of the stick) to hit the ball.
- **High stick:** When a player attempts to play at any high ball (over knee height) with the stick.
- **Obstruction:** When a player uses either their stick or their body to block or keep another player from hitting the ball.

#### Key Vocabulary:

- |                            |                       |                       |
|----------------------------|-----------------------|-----------------------|
| • <b>obstruction</b>       | • <b>conceding</b>    | • <b>block tackle</b> |
| • <b>trapping the ball</b> | • <b>possession</b>   | • <b>attack</b>       |
| • <b>support</b>           | • <b>interception</b> | • <b>jab tackle</b>   |
| • <b>consistently</b>      | • <b>bully off</b>    | • <b>defence</b>      |

#### Powerful Knowledge

**Interception:** When a player takes possession of the ball away from the opposition as the ball is passed

**Possession:** when a team has the ball they are in possession

**Bully off:** used to restart a game after a stoppage.

**Trapping the ball:** getting down low to stop and receive a pass on the stick with control

**Centre pass:** A pass used to begin the game or the second half, or to restart play following a goal

